

A+ Promotions & Evolution Martial Arts, LLC Presents-



Total Warrior Challenge

1st Annual Kids All Styles Invitational

Saturday, May 21th, 2011

Ages 4-12

Grey Middle School Gymnasium

6229 South Tyler

Tacoma, WA 98409

2 events-

**Modified Pankration (Modified MMA)*

**Point Sparring*

Modified Pankration Rules-

Duration of Match:

Novice/Advanced: 3 minutes (With a large participation kids may be 2 minutes)

Officials:

Three judges and one referee

Judge's Duties:

Judges will evaluate the players and award one point to the fighter who demonstrates the best stand up skills, one point to the fighter who demonstrates the best take-down skills, one point to the fighter who demonstrates the best ground fighting skills and two points to the fighter who demonstrates the best overall skills. Judges will be seated in the corners of the ring.

Referee's Duties:

The referee has ultimate responsibility for the control of the match. Player safety is his/her primary concern.

His/her duties include:

- Assess all penalties
- Disqualifies players when necessary
- Monitors player safety
- Maintains tempo of the match (see Prolonged Inactivity)

Decision:

By submission, most points scored, TKO, disqualification or referee's decision.

Tie Breaker:

Referee's decision

Legal Technique:

- Clean head kicks and punches
- Stiff body kicks and punches
- Punching to the body while on the ground
- Leg kicks
- Punching to the head while on the ground (a flurry of punches will result in TKO regardless of opponent's condition)
- Clean takedowns/throws
- All grappling technique except as noted below

Illegal Technique:

- Kicks of any kind (including up-kicks) while on the ground
- Suplex or any throw onto the head
- Any strike against a joint
- Inside or outside heel hooks
- Neck cranks
- Finger or toe locks
- Eye gouging
- Biting
- Groin strikes
- Strikes to the spine
- Elbow strikes and knee strikes
- Head butts
- Pressure point technique

Penalties:

The referee for any of the following infractions will issue one official warning and restart the fight with both players standing at the start lines. Two infractions will result in disqualification. The referee has the ability to disqualify at any time for any excessive infractions.

- Illegal technique
- Running out of the ring to avoid the fight
- Unsportsmanlike conduct by the player or coach.

Out of Bounds:

A player is considered in bounds if any part of his/her body is touching inside the ring.

- a) While Standing: If a player goes out of bounds while fighting, the referee will break the match, center the players and resume the match.
- b) While Grounded: The referee will stop the match to have the players moved to the center of the ring where they will resume the fight on the ground.

Prolonged Inactivity:

If a match on the ground appears to be stalemated the referee will give a 5 second warning to resume fighting or the players will be separated and the match will resume standing up.

Medical Time Out:

In the event of an injury, a player will have 5 minutes to resume competition or be disqualified. Medical personnel will have the final say as to whether a player may continue. If a player is unable to continue a match due to injury the decision will be based on the current point count.

Dress Code:

Players must wear an appropriate school uniform including top and pants or shorts. Attire with inappropriate language or imagery is not acceptable. Traditional Gi is optional.

Sparring Equipment:

All players must wear grappling style gloves, safety kicks or shin and instep pads and mouth guard. Groin cups are mandatory for all male players. Headgear is mandatory for kids, includes face shield, and will be provided.

Point Sparring Rules- Standard rules, including the following-

1. Minimum 3 Judges (one center and two corners)
2. 2 rounds of 2 minute duration
3. No sweeps, takedowns, submissions, or ground fighting
4. First to 5 pts or most points scored wins
5. Touch to light contact to the head
6. Light to moderate contact to the body
7. No groin strikes or strikes to the back
8. Safety gear will be provided by the event staff

Divisions: Participants will be divided into competition brackets based on age and skill level (time training).

Modified Pankration-

A1- 4-6yrs Novice

A2- 4-6yrs Intermediate

A3- 4-6yrs Advanced

B1- 7-9yrs Novice

B2- 7-9yrs Intermediate

B3- 7-9yrs Advanced

C1- 10-12yrs Novice

C2- 10-12yrs Intermediate

C3- 10-12yrs Advanced

Point Sparring-

D1- 4-6yrs Novice

D2- 4-6yrs Intermediate

D3- 4-6yrs Advanced

E1- 7-9yrs Novice

E2- 7-9yrs Intermediate

E3- 7-9yrs Advanced

F1- 10-12 Novice

F2- 10-12 Intermediate

F3- 10-12 Advanced

Novice- under 1 year training

Intermediate- 1-3 years training

Advanced- 3+ years training

*****Brackets may be added or combined depending on number of participants*****

Registration information:

Pre-registration deadline is May 15th, 2011. All pre-registration forms must be postmarked or delivered no later than the deadline.

Registration Fee- (For 1 or both events)

\$25 pre-registration

\$40 after May 15th or at the door.

Only \$2 for spectators, so come and support your kids!

(3 and under free!)

Register online through PayPal at <http://evolutionfighters.net/warriors>

Register by mail: Registration forms can be mailed or taken to-

Evolution Martial Arts, LLC

3852 South 66th Street

Tacoma, WA 98409

For questions and comments-

253-572-9066

evoartsinc@yahoo.com

Registration Form: Cut along the dotted line and return it, along with the registration fee to the address listed above.

Name-

Age-

Experience Level- Circle appropriate level.

Novice

Intermediate

Advanced

Event- Circle all that apply.

Modified Pankration

Point Sparring

Gym or Club Name-

Phone Number (contact for participant)-

Address (participant or gym)-
